



Charity Quilt Guidelines

For 2025, the Cheerleaders for Charity of the Castle Rock Quilt Club have chosen four charities for us to support. They are **Firehouse Quilts of Colorado**, **Denver Health Foundation**, **Children's Hospital**, and **Wellspring Community**.

Charity Quilt Donation Websites

- Firehouse Quilts of Colorado - quilts4kids.wixsite.com
- Denver Health Foundation - denverhealthfoundation.org
- Children's Hospital - childrenscolorado.org
- Wellspring Community - wearewellspring.org

Please use your own fabric and pattern to make a charity quilt top and follow the guidelines below and on the websites above. Quilt size guidelines are different for each charity, so make sure your quilt complies with the sizes requested, and is new.

Fabric

- Use any color, design or combination of fabrics and choose prints and colors appropriate for the intended age group and gender of the recipient.
- Use 100% cotton quilting weight fabric. Please Do Not use flannel, metallic or religious themed fabric.

Sewing the Quilt Top

- Please use cotton or cotton-blend thread of an appropriate color that will not show through the fabric when sewing the quilt top together.
- Sew an accurate 1/4 inch seam throughout the quilt top.
- Ensure all seams fit together before adding sashing or borders.
- Check inner quilt seams to make sure they are secure, and there are no holes in the seams and no loosely sewn threads holding seams together. If seams on outer edges are coming apart or the fabric is raveling, please stitch 1/8 inch around the quilt top so that it can be loaded on the longarm without coming apart.
- Please trim all loose threads on the front and back of the quilt top.

Quilting

- If a longarm volunteer is quilting your finished quilt top, please follow the specific organization's "to be quilted" guidelines to make sure the finished charity quilt top meets their requirements.
- If you quilt your own finished charity quilt top, please quilt fairly dense to ensure the quilt lasts over time.
- Please Do Not tie Charity quilts.

Binding

- Please apply the binding by machine or hand stitch, using quality thread that matches the binding or quilt top.
- Please Do Not fold backing over to form a binding.
- Please Do Not use a serged finish instead of a binding.

Washing Completed Quilts

- Please follow quilt washing guidelines on the specific organization's website prior to turning in a completed charity quilt.

Applying Quilt Labels

- Please follow quilt label guidelines on Firehouse Quilts' website. For all other quilts, the Cheerleaders for Charity will apply a CRQC label.

Sewing Charity Quilts Together

- Please join Cheerleaders for Charity members to sew charity quilts for Firehouse Quilts of Colorado. The dates, time and location of Sew Days for Firehouse Quilts of Colorado are listed on their website.

If you have any questions, Cheerleaders for Charity members will be available at monthly meetings to answer them.